

DURING A DISASTER Keep in a visible location or with your kit.

FAMILY DISASTER PLAN

Immediate Evacuation

- ☐ Find all family members (are they all home?)
- ☐ Get disaster preparedness kit and any special items
- ☐ Find your pet(s)
- ☐ Bring cell phone and radio if not in your kit
- ☐ Get important family documents and pictures
- ☐ Get prescription medication for you and your family
- ☐ Remember your family’s escape route
- ☐ Find your family meeting place
1) outside the home, or
2) outside neighborhood
- ☐ Turn off the gas, if necessary

Less Immediate

- ☐ Turn off utilities, if necessary
- ☐ Leave a note for others if you will not be returning
- ☐ Turn on the radio for reports



California State Assembly

Tasha Boerner Horvath
Assemblymember, 76th District

Dear Neighbor,

North County is vulnerable to all kinds of potential disasters, including wildfires, earthquakes and tsunamis. These disasters can wreak havoc, causing people to lose homes and putting loved ones at risk.

During the first few hours or days following a disaster, essential services may not be available. Preparation for any disaster, whether natural or man-made, can save lives and protect your property. Having a plan and knowing the risks are vital.

Use the information, forms, and checklists in this mailer to help prepare for a major disaster, and to know what to do after disaster strikes.

For additional information about how the office can assist you, please call (760) 434-7605.

District Office:
325 Carlsbad Village Drive, Suite A-2, Carlsbad, CA 92008
(760) 434-7605 • asmcd.org/boernerhorvath
Assemblymember.BoernerHorvath@assembly.ca.gov

Capitol Office: State Capitol
P.O. Box 942849, Sacramento, CA 94249-0076
(916) 319-2076

Cut here, complete information and keep handy.

AFTER A DISASTER

- Make sure it is safe before you return to your home—contact local police, fire departments, or disaster relief agencies for information.
- Register as “Safe and Well” with the American Red Cross, so your family and friends will know your status and can obtain your contact information. Utilize the Red Cross and local services to locate lost loved ones. Visit www.redcross.org for more information.
- Contact your insurance provider to make a claim for damaged property.
- After life has returned to normal, evaluate what happened during this emergency for what worked well and what should be changed or altered when preparing for the next potential disaster.

For More Information...

Ready San Diego
readysandiego.org

FIRE Safe Council San Diego
firesafesdcounty.org

2-1-1
211sandiego.org

Governor’s Office of Emergency Services
caloes.ca.gov

American Red Cross
redcross.org

Centers for Disease Control Public Inquiries
emergency.cdc.gov
(800) CDC-INFO | (800) 232-4636

PRSRT STD
U.S. POSTAGE
PAID
STATE OF CALIF.
ASSEMBLY

ASSEMBLYMEMBER, 76TH DISTRICT
Tasha Boerner Horvath
325 Carlsbad Village Drive, Suite A-2
Carlsbad, CA 92008



BEFORE A DISASTER

THREE IMPORTANT STEPS to take that will help your family prepare in the event of an emergency are: 1) gather information; 2) create a family disaster plan and consider having one out-of-town family member as your primary contact to help avoid clogged phone lines; and 3) build an emergency kit and sign up for notifications.

1 GATHER INFORMATION

Gather contact information for police and individuals, medical providers, fire departments, poison control, the local office of emergency services, home and medical insurance and more.

Safety

- Know what types of disasters are common in your area, and plan accordingly.
- Know CPR—it could save a life.
- Secure contents of your home and office to reduce hazards. Maintain your property and a defensible space to reduce your wildfire risk.

Insurance

- Check that natural disasters are covered by your policy.
- Take pictures of your belongings.

Know Where to Get Information

- For announcements from local authorities on TV, local radio, social media or National Oceanic and Atmospheric Administration (NOAA) weather stations or channels.

2 CREATE A FAMILY DISASTER PLAN

In the event of an emergency, answers to these questions will need to be automatic:

- Where will you meet loved ones if your home is unavailable?
- Who should your children trust if you cannot get to them?
- How will you know where to go should you evacuate?
- What should you bring with you?

Put your answers to these questions into a family disaster plan. Be sure to:

- Teach your children how to call 9-1-1 and who to contact in the event of an emergency.
- Practice evacuation from your home and the route you will travel to escape the emergency.
- Consider your pets.

Fill in the attached tear-off sheet and keep it in your emergency kit to help you remember your plan in the event of an emergency.

3 GET OR BUILD A DISASTER PREPAREDNESS KIT

Consider two kits. The first kit should include everything you will need to stay where you are and make it on your own for at least three days. Prepare a second kit that you can take should you need to evacuate. Check your kit at scheduled intervals for expired supplies. Your kit should be lightweight (without the food and water), portable and should contain the following:

Non-perishable Food and Water for Three Days

- Store at least one gallon of water per person per day.
- Store ready-to-eat canned food with a can opener, staples and high-energy foods.

First Aid Kit

Include medications, medical supplies, and prescriptions that include dosage and treatment information.

Tools and Supplies

Disposable plates, cups and utensils; battery operated radio and flashlight with extra batteries; utility knife; matches in a waterproof container; extra cash and coins; feminine products; glasses or contact lenses; maps with evacuation routes clearly marked; and a fire extinguisher.

Clothing and Bedding

One complete change of clothing and footwear per person, along with blankets or sleeping bags.

Special Items

- Keep important documents, such as insurance policies, birth certificates, passports, bank account numbers and credit card numbers in a water-proof and fire-proof lock box or other portable container.
- Some families have special needs for the elderly or young children.
- Make sure to stock up supplies for your pets.

SIGN UP FOR NOTIFICATIONS:

- Sign up with **AlertSanDiego** (readysandiego.org/alertsandiego) to receive emergency and disaster notifications.
- Download the **SD Emergency App** for disaster preparedness information, emergency updates, interactive emergency maps, and shelter locations. (readysandiego.org/content/oesready/en-us/SDEmergencyApp.html)
- Follow **@SDSheriff** and **@CALFIRESANDIEGO** on Twitter.
- Information about public safety power shutoffs is available at sdge.com/wildfire-safety/public-safety-power-shutoffs.

DURING A DISASTER Keep in a visible location in your emergency kit.

CONTACTS

Neighbor or relative:

Out of state family contact:

Work phone number(s) and location(s):

School phone number(s) and location(s):

Medical doctor:

Medical insurance: ID #

Local fire dept. phone number:

Local police dept. phone number:

Poison Control:

Home or renters insurance: ID#

Veterinarian:

Local office of emergency services:

Family members

Name: Date of birth: Social Security:

Name: Date of birth: Social Security:

Name: Date of birth: Social Security:

Name: Date of birth: Social Security:

Name: Date of birth: Social Security:

Name: Date of birth: Social Security:

Cut here, complete information and keep handy.